



Swimming Brochure

Burnley Brow Community School

Dear Parents and Carers,

During their time in Year 4, your child will go to Chadderton Pool for swimming lessons. 4KF will attend every Friday afternoon from September until February half-term and 4W will attend after February half term. Every class swims for approximately 45 minutes each week. Children are accompanied by a class teacher and support teacher and arrive back to school in time for the end of the school day.

The children walk to and from the pool wearing hi-vis jackets and are accompanied by Burnley Brow staff at all times.

Swimming Kit

Please ensure your child brings their swimming kit to school on their swimming day.



Swimming trunks should be close-fitting trunks, **not shorts**. Long, baggy shorts can be unsafe.



Swimming costumes should be one-piece costumes.

Swimming caps will be given to children that have long hair. These should be brought in their swimming bag and worn each week.

It is important that the children bring with them a towel large enough that they can dry themselves properly. Jewellery of any kind **MUST NOT BE WORN ON SWIMMING DAY**. Children are not allowed to wear goggles.

We have a few swimming kits in school to lend in an emergency, but it is better that your child has their own kit to wear,

Children are only allowed to miss swimming due to a serious injury or an illness which prevents them from swimming– not colds or minor illnesses.

Generally, if children are well enough to be in school, they are well enough to go swimming.

Swimming is part of the National Curriculum and it is law that children attend swimming lessons during the Primary phase. Lessons are delivered by experienced, qualified, swimming teachers.

Children do not catch coughs, colds or chest infections by going in the water. These infections are caused by germs which live in the air.

Please encourage your child to be enthusiastic about swimming. It is an important skill that can save their life, and can be an extremely enjoyable part of their education.

If children appear to be tired after going swimming, this is a good sign, which shows they have worked hard during the lesson.

If you have any concerns about swimming lessons, please come into school and discuss them with your child's teacher.